

OFFICIAL NOTICE
OCTOBER - 2010



USA ROLLER SPORTS
ANNUAL BOARD OF DIRECTORS MEETING
Fort Wayne, Indiana

OCTOBER 8-9-10, 2010

AND

THE USARS EXECUTIVE AND FINANCE COMMITTEE
CONFERENCE CALL MEETINGS
OF AUGUST 21, 2010

The following actions resulted from the USA Roller Sports Annual Board of Directors Meeting, October 8-9-10, 2010, in Fort Wayne, Indiana, and the above noted Executive/Finance Committee Meetings. A copy of the motions upon which this summary is based is available on the USA Roller Sports website at www.usarollersports.org

USA Roller Sports
4730 South Street
Lincoln, NE 68506
Phone: (402) 483-7551

GENERAL

BOARD OF DIRECTOR ELECTIONS - Ratified the Mail Ballot elections of **Gloria Manning** as the Coach Representative on the Board and of **Charlotte Nicholson** as the Hockey Athlete Member on the Board, with three-year terms to begin at the close of the 2010 Fall Annual Board Meeting and conclude at the close of the 2013 Fall Annual Board Meeting. **Mark Vittese** was re-elected for a three-year term as an At-Large Director on the USARS Board, coinciding with the terms of the coach and hockey athlete positions.

OFFICERS OF USARS BOARD OF DIRECTORS - Approved the following for re-election to one year terms: **George Kolibaba** – President/Chairman of the Board; **David Adamy** – Vice President; **Bill Sisson** – Treasurer; and **Richard Hawkins** – Corporate Secretary

USARS BOARD SIZE - Approved a Board resolution to increase the Board size from 13 Directors as it is now, to 15 Directors.

USARS COMMITTEE TERMS - Changed the term expiration dates of all committee members to be at the close of the Fall USARS Annual Board Meeting for those currently on standing and technical committees and those to be named in the future. The process was amended to be as follows: *The Committee on Committees must include the USARS President/USARS Chairman, in addition to four current Board Members who are elected at the Semiannual Board of Directors Meeting. The Committee on Committees shall prepare committee membership recommendations and submit them to the Board at least 30 days prior to the Annual Board Meeting, where the Board will discuss and vote on these recommendations. The Committee on Committees will serve through the end of the Semiannual Board Meeting in April/May.*

U.S. FOUNDATION FOR AMATEUR ROLLER SKATING TRUSTEES - Approved re-election of **Betty Ann Danna** and **Jim Ball** to the Foundation Board of Trustees for additional three-year terms.

INDOOR SPEED AND ROLLER FIGURE NATIONALS - Approved conducting National Championships in Lincoln, Nebraska, on the following dates: Speed-July 15-21 and Figure- July 22-August 5, 2012; and Speed-July 13-19 and Figure-July 20-August 3, 2014.

USARS SEMIANNUAL BOARD MEETING - Approved conducting the 2011 Semiannual Board of Directors Meeting at the Wyndham Orlando Resort, Orlando, Florida, arrival anytime on Friday, April 29, meetings on Saturday, April 30 and Sunday, May 1, 2011, with departure after 12 noon on Sunday.

MARKET AMERICA - USARS adopted a marketing agreement with Market America, pending approval by our attorney and accounting staff and full disclosure made of the relationships to the program with any members of the Board. Funds generated from the Market America program shall be designated for athletes in all disciplines of our sport for international event expenses, including but not limited to World Games, World Championships, Pan Am Games, etc., and this shall be specified in our marketing of the program.

PARTIAL YEAR MEMBERSHIPS - Approved for the remainder of the 2010 calendar year, partial year memberships for competitive members, non-competitive members, coaches and clubs with the same price structure as 2009. (*USARS Executive and Finance Committee-8/21/10*)

HONORARIUM POLICY AMENDED – USA Roller Sports will reimburse coaches who work at an athlete training clinic or camp at the rate of \$360 per week, or ~~\$60~~- \$100 per day,

depending on how many days the coaches are working in a USARS capacity at the clinic or camp. This doesn't apply to our International Art Academy as USA Roller Sports policy states coaches for this event receive \$500. Any individual who earns \$600 or more in honorariums in a calendar year must receive a Form 1099 as dictated by IRS reporting requirements. (USARS Executive and Finance Committee-8/21/10)

SOCIAL SKATE AT NATIONALS CHAMPIONSHIPS – FUND RAISER – Accepted Kim Wall's offered to donate use of a rink in the Fort Wayne area to conduct two social skates during the 2011 Speed and Figure Skating National Championships, with the proceeds benefitting the 2011 Speed and Figure World Teams. (USARS Executive and Finance Committee-8/21/10)

RINK ROLLER HOCKEY

2011 AND 2012 NATIONALS - Approved location and dates for Rink Hockey National Championships: 2011 – Salt Lake City, Utah – July 9-15; and 2012 – Cumberland, Maryland – July 7-13

WORLD TEAM MANAGER FUNDING - Effective in 2010 and beyond, approved expense-funding for the Men and Ladies' Rink Hockey World Team Managers.

WORLD TEAM STAFF – Approved Daniel Vianna as a replacement for Don Allen as recommended by the Rink Hockey Discipline Committees. (approved by the USARS Executive and Finance Committee-8/21/10)

SPEED SKATING

(Unless otherwise noted, all changes are effective for 2011)

RELAY TEAM ENTRY FOR NATIONALS – Effective 2011, relay teams qualify at the Regional Championship and the Club relay team is entered in the National Championship with no skaters identified. The structure of the team skating the National Championship will be before the first heat/ final skated and made up of any skaters qualifying to skate in the National Championship in Elite Division, Relays or Novice Division. USARS Speed Rules shall be changed as follows:

SR163.2 *On the first scheduled day of the speed skating events, or at the time designated by the meet director, and prior to the start of the relays, the officially designated team coach or the designated club representative shall turn in a relay rosters to the meet director on the forms provided for this purpose. Any changes must designate the exact composition of each relay. Any additional changes after the initial event heats must meet the injury provisions for substitution.*

SR164 RELAY TEAM MEMBERSHIP

SR164.1 Club Affiliation-Members of a relay team may represent only one club in relay speed skating competition.

If the members are affiliated with various clubs, the team must skate unattached *at the Regional Championship* and members must skate unattached in all speed races in which they compete. *No substitution will be allowed for unattached skaters at the National Championship as outlined in SR164.2/3* (See USARS General Rules 5.02.03, 7.04.06, 7.04.07.)

SR164.2 A relay team must skate and qualify for the National Championships at a Regional Qualifying Championship.

1. At the National Championship, team members may be selected for the qualifying team relay from any club members that have qualified for the National Inline Championship in any Elite Division, Relay or Novice Division provided that skater meets the qualification to be entered in that relay event.

2. Substitutions other than a National Qualifying skater will be allowed provided the substituting team members entered the Regional Qualifying Championships and are listed on the master entry submitted for the National Championship before the deadline.

3. Substitutions may be made in accordance with the rules of substitution after the initial heat as stated in SR164.3.

4. A defending team must be intact at the time their qualifying relay event is skated at their respective Regional Qualifying Championships. Substitutions on defending relay teams will only be allowed for injuries encountered at the National Championship after the team has skated a heat or semi-final or an original member is injured at the National Championship during a preliminary race prior to the National Championship. Defending teams must skate intact if the event is a final event, no injury substitution will be allowed except as stated above during the preliminary events.

SR164.3 Once the initial heat race has been run, no substitutions will be allowed, except as follows: If an injury occurs to any team member after heats have started, and that skater or skaters cannot compete for the remainder of the competition, a substitution may be made from the original list of skaters. The injury must be verified by a medical officer appointed by USARS. No team member can be removed and substituted from another relay team once the heat races have started. The number of additional skaters allowed for substitutions is as follows:

- a. Four Person Relays: No more than two additional team members may be substituted for injury.*
- b. Four Mixed Relays: No more than two additional team members, one man and/or one woman may be substituted for injury.*
- c. Two Person Relays: Only one team member may be substituted for injury.*
- d. Two Mixed Relays: One additional team members, one man or one woman may be substituted for injury.*

SR164.4 *Eliminated no longer needed.*

SR164.5 *Eliminated part of SR164.2.*

SR164.6 Any substitute must fulfill all eligibility and entry requirements for the qualifying meet including payment of the appropriate entry fees.

SR164.7 All relay team members registered for the National Championships must pay the appropriate entry fee for that event. The relay substitution changes are to be submitted to the Meet Director prior to the end of the appropriate relay practice. All changes shall be made by a registered coach.

OFFICIAL USARS BANKED TRACK RECOGNITION - Added the Bank Track at Couderay, Wisconsin, as an Official USARS Bank Track Clinic site, provided that the clinics are run by experienced clinic leaders for the first full year of clinics to insure that the same programs are run as in Colorado and Florida clinics.

SEPARATE MEMBERSHIPS CARDS FOR QUAD AND INLINE SPEED MEMBERS - Approved requirement to purchase separate club membership cards for Quad and Inline club affiliation. Skaters must represent the same club in Quad division and relays and the same club in Inline division and relays. There will be no mixing of clubs for division and relays. Amended the following General Rules:

GR7.01 All USARS competitors must hold a current USARS amateur card.

GR7.01.1 *USARS competitors in speed may hold individual club affiliation for Quad and Inline competition. Competitors will represent the club affiliation in division and relays and must purchase a card for both Quad and Inline if competing in both disciplines.*

SR164.1 *Club Affiliation-Members of a relay team for the Quad or Inline events may represent only one club in relay speed skating competition.*

If the individual team members are affiliated with various Quad or Inline clubs they may only represent one Quad club and one Inline club for competition, if the members of team are from various teams they must skate unattached and members must skate unattached in all Quad or Inline speed events in which they compete. (See USARS General Rules 5.02.03, 7.01.1)

FRESHMAN DIVISION AT OUTDOOR NATIONALS – *Approved dividing the Freshman division at the Outdoor National Championship into two divisions; Freshman 11-12, Juvenile 9-10. Juvenile will skate the same races as Freshman with one additional combined race added, a Freshman/Juvenile 5000 meter elimination race. e-mail vote 9/7/10.*

STARTING PROCEDURE RULE AMENDMENT - SR580.6 *Any deviation from the starting procedure will be penalized the same as for a false start. Any deviation from the starting procedure, excluding a false start, will result in a warning to the entire group in that particular race. After the warning in that particular race, any deviation from the starting procedure will be penalized the same as a false start.*

SR111.2 WORLD CLASS SPEED DIVISION – Amended as follows:

1. World Class is an open entry event at the Indoor Inline National Championships. Any Senior World Team member or a former Senior World Team member participating in current world team selection will be required to skate World Class if they wish to skate at the Indoor Inline National Championships.
2. Former Senior World Team members electing not to participate in current world team selection may skate Standard or World Class at the National Championship. Former Senior World Team members participating in current world team selection for 5 consecutive years without making the team may continue to participate in current world team selection but are no longer required to skate World Class at the Indoor National Championships.
3. Skaters who have not participated as members of the Senior World Team who are 14 years of age or older may enter this event provided they have placed 1st, 2nd, or 3rd individually in Sophomore, Junior, Senior, or Classic at Indoor Nationals the previous year. Junior World Team members are eligible to compete in World Class Indoor at their discretion. A non-Senior World Team skater may not skate World Class and their Standard individual event in the same year. If they do enter World Class, they may return the next year to their Standard Event.

4. If a skater enters the Standard Regional Indoor Speed Skating Championships, they may not enter World Class that same year at the National Championships. National Championship entries for World Class will be made on the club entry form conforming to the entry deadline.
5. Competitive uniform restrictions on clubs for indoor speed competitions do not apply to the World Class entries. Skaters may wear their sponsor's colors and uniform design.
6. Cash prizes may be awarded. *Any skater refusing to race without a verified injury once any race has been completed in the event may forfeit any cash awards earned for the entire contest at the discretion of the Meet Director for unsportsmanlike conduct.*
7. Senior World Team members may skate relays with their clubs.
8. All races will be on the standard USARS 100m track. The 500m sprint will have 6 on the line for the final event. The 1500m event will be a standard race with heats, semi's, and 6 on the line for the final event. The 5000m will be an elimination race with unannounced prime laps. Random bell laps with last skater eliminated the second time across the timing line after the bell. Skaters will be eliminated down to 6 for the final 3 laps, lapped skaters will be distanced and a bell lap eliminated. There will be 18 in the final with a rolling start seeded by random draw. Elimination heats when required will be 3000m, rolling start seeded by random draw, no prime laps, random bell laps with the last skater eliminated the second time across the timing line after the bell. Lapped skaters will be distanced and a bell lap eliminated. The final elimination will be at the end of the last lap.

SPEED RULE CORRECTIONS/CLARIFICATIONS FOR THE GENERAL RULES AND SPEED MANUAL - See complete Speed Report, included as an addendum to the USARS Board Meeting Minutes.

WORLD TEAM STAFF - Approved the Speed World Team staff, as recommended by the Speed Skating Discipline Committees: Team Coach – Eforrest “Buggy” Allmond, Apprentice Coach - Joe LeGault; Managers - Tammy Powers & Jay Ingram; Athletic Trainer - Doug Hatterman. (approved by the USARS Executive and Finance Committee-8/21/10)

INLINE ROLLER HOCKEY

INLINE HOCKEY COMMITTEE AMENDED - Approved Arlene Lehman as a member of the Inline Hockey Committee.

ROLLER FIGURE SKATING

(Unless otherwise noted, all changes are effective for 2011)

SENIOR WORLD TEAM FUNDING - Based on profits from the 2010 National Roller Figure Skating Championships in Lincoln, Nebraska, funding of \$2,000 per athlete will be provided to members of the 2010 Senior Team toward the cost of their participation in World Championships (funds are not available for Inline, Show or Precision Team athletes).

TRAVELING SEMINARS TO CONTINUE – Approved budgeting for and additional next three traveling roller figure skating seminars, to take place tentatively in September-2011, October-2011 and January-2012. The

proposed topic is free skating: spins, jumps; routine floor layout, footwork, choreography and off floor training and may include the business of teaching.

WORLD TEAM STAFF - Approved the figure world team staff as recommended by the Figure discipline committee to be as follows: Jr. & Sr. Team Manager - Doug Eley, Jr. Team Coach - Angie Lasher; Jr. Team Trainer - Kara Miller; Sr. Team Coach - Jane Wojnarowsky; Sr. Team Trainer - Ray Rodriguez (approved by the USARS Executive and Finance Committee – 8/21/10)

SIT SPIN – Approved the Figure Committee recommendation for the sit spin requirement for the Juvenile/Elementary C Free Skating events to be listed as follows:

*JUVENILE / ELEMENTARY (C) (age 12 & under) - TIMIT LIMIT: no minimum, maximum 2:00
Content requirements: Maximum of 5 jumps not to exceed 1 rotation. 1 jump combination, maximum of 3 jumps (no more than single rotation). Maximum of 3 spins, in which 1 may be a combination (no camel spins, may use sit position). No repeated items (spins or jumps) unless used in the combination. One sequence of primary, secondary, or advanced footwork must be included.*

NOVICE FREE SKATING – Approved removal of the designation of “B” from the Novice Free Skating division events for both Men and Women. Eligibility for the Novice Free Skating event shall be as follows:

Novice Free Skating (18 and over) events shall consist of those registered amateur skaters male and female who have reached their EIGHTEENTH (18) birthday. (See AR8.02.05 – for move-up rules).

(a) Skaters who have placed 1, 2 or 3 at the National Championship in the JUNIOR WORLD CLASS FREE SKATING DIVISION or WORLD CLASS FREE SKATING DIVISION are not eligible for the Novice Free Skating event. Upon reaching the age of forty (40), National Championship 1-2-3 Junior World Class and World Class medal winners may enter the Novice Free Skating event.

TEAM DANCE AND PAIRS – Approved allowing all domestic events of Team Dance and Pairs to qualify for the National Championships by virtue of participation at the Regional Championships.

FRESHMAN/SOPHOMORE “A” MEN FIGURE AND FREE SKATING ELIGIBILITY RULE – Approved adding the following:

- a) Skaters who have *reached their 15th birthday and have* placed 1st at the National Championship in the ____ event must advance to the next higher age appropriate (A) event in subsequent skating seasons.
- (b) Skaters who have placed 2nd or 3rd at the National Championship in the ____ event may advance to the next higher age appropriate (A) event, or remain in the ____ division event in subsequent skating seasons.
- (c) Please refer to AR7.05.04 (5-7), and AR8.02.05 for rules of eligibility

OPEN FREE DANCE DIVISION FOR 2011 - Approved lowering the age of the Open Free Dance event to 10 and over, with the following rule amendment:

AR8.02.56 Free Dance (Open Division) events shall consist of those teams where at least one member has passed his /her **tenth (10th) birthday**. *Request from interested coaches, and the Figure Committee.*

GOLDEN FIGURE AND SOLO DANCE EVENTS – Approved conducting this event for Men and Women as Elimination/Final events whenever entries dictate.

“TIME OF SKATING” FOR ALL ADULT TEAM AND SOLO DIVISIONS – Approved the following for all adult division dance events; Novice, Esquire, Masters, Veterans, Golden and Premier Silver.

- a) For two team/skater flights: Four (4) repetitions of the required dances.
- b) For one team/skater flights: Two (2) repetitions of the required dances.
- c) Please note the above repetitions for a full circuit dance. Example: Chase Waltz. Two team/skater flights will skate four (4) times around the skating surface. One team/skater flights will skate two (2) times around the skating surface.

SOPHOMORE DIVISION ELIGIBILITY – Approved eligibility for ALL Sophomore divisions as follows (using the example of Sophomore A Women Figures):

EXAMPLE of SOPHOMORE A WOMEN FIGURES - rule would become AR8.02.106 (b) & (c):

(b) Skaters who have placed 1st at the National Championship in the SOPHOMORE A WOMEN FIGURE DIVISION must advance to the Jr. WC, Junior or Classic Division (eligible by age).

(c) Skaters who have qualified to participate in, but have not placed 1st at the National Championship in SOPHOMORE (A) WOMEN FIGURES have the option to remain in the SOPHOMORE division, or to advance to the JUNIOR WORLD CLASS, JUNIOR OR CLASSIC (A) DIVISION (eligible by age).

JUNIOR SOLO DANCE DIVISION – Approved for the Junior Solo Dance rules of eligibility to be consistent with the Sophomore Division move-up proposal.

EXAMPLE OF JUNIOR SOLO DANCE - rule would replace the existing AR8.02.81 (g) & (h)

(g) Skaters who place 1st at the National Championships in the JUNIOR SOLO DANCE DIVISION must advance to the SENIOR SOLO DANCE DIVISION in subsequent skating seasons.

(h) Skaters who have qualified to participate in, but have not placed 1st at the National Championships in the JUNIOR SOLO DANCE have the option to remain in the JUNIOR SOLO division, or advance to the SENIOR SOLO DANCE DIVISION.

ELIGIBILITY FOR JWC AND WC DANCE EVENTS EXPANDED - Approved allowing contestants in the Junior World Class Team and the WC Team events, to also be able to compete in the Junior WC Solo Dance and WC Solo Dance events in the same qualifying championship, with the rule to read: “A skater who participates in both the Junior World Class or World Class Solo and the Junior World Class or World Class Team, and qualifies for the World Championship at the National Championships in both events, shall forfeit their position on the World Team in the Solo event.” *(Final wording will reflect what is approved by CIPA at the upcoming World Championships)*

SOLO DANCE RULE AMENDMENT – Deleted “...any SOLO DANCE EVENT...” from the below AR8.02.57 (f) figure rule.

AR8.02.57 JUNIOR WORLD CLASS DIVISION TEAM DANCE (age 12-18) event is OPEN for all registered amateur skaters who are at least TWELVE (12) years of age *and not yet NINETEEN (19) years of age as of January 1st in the year of the National Championships.*

(f) JUNIOR WORLD CLASS TEAM DANCE skaters may not compete in ~~any SOLO DANCE EVENT,~~ *INTERNATIONAL SOLO FREE DANCE,* or *ANY CREATIVE SOLO FREE DANCE* event in the same year.

SENIOR WORLD CLASS TEAM DANCE RULE AMENDMENT – Approved allowing any Senior World Class Team skater to also participate in the equivalent domestic Solo Dance event during the same qualifying championship.

AR8.02.58 SENIOR WORLD CLASS DIVISION TEAM DANCE (age 12 & up) event is OPEN for all registered amateur skaters who are at least TWELVE (12) years of age as of January 1 of the year of the National Championship.

(h) SENIOR WORLD TEAM DANCE skaters may ~~not~~ compete in ~~any~~ the SENIOR SOLO DANCE EVENT.

(i) SENIOR WORLD TEAM DANCE skaters may not compete in the *INTERNATIONAL SOLO FREE DANCE*, or *ANY CREATIVE SOLO FREE DANCE* EVENT in the same year.

COMBINED CHAMPIONSHIPS IN JUNIOR WORLD CLASS FIGURE AND FREE SKATING EVENTS – Approved having a Combined Champion award for the Junior World Class Figure and Junior World Class Free Skaters who participate in both events during the same qualifying championship as it calculated and awarded at the World Championships.

COMBINED CHAMPION IN THE SENIOR WORLD CLASS FIGURES AND FREE SKATING EVENTS – Approved having a Combined Champion award for the World Class Figure and World Class Free Skaters who participate in both events during the same qualifying championship.

YOUTH FIGURE COMBINED CHAMPION – Approved having a Youth Figure Combined Champion award for the skaters who participate in both their age eligible figure division and age eligible loop division during the same qualifying championship, as follows:

All youth division skaters will be given the option to participate in their age appropriate figure division and also participate in their age appropriate loop division, or they may skate each division separately during the same qualifying championship.

Those who participate in both age appropriate division events (figures and loops) through the initial round of competition, will be tabulated into the combined champion score sheets. Calculation will be similar as the International Youth Solo Dance and the International Solo Free Dance division events were conducted during the 2010 skating season.

All contestants may observe Figure Rule AR8.02.75 (h) 2. referencing the challenging-up into the Advanced Loops event during in the same qualifying championship. The name of the age division loop events will have to be updated in the above rule.

Juvenile A Boys Figures → Juvenile A Boys Loops
Juvenile A Girls Figures → Juvenile A Girls Loops
Elementary A Boys Figures → *Elementary A Boys Loops
Elementary A Girls Figures → *Elementary A Girls Loops
Freshman/Sophomore A Men Figures → *Freshman/Sophomore A Men Loops
Freshman A Girls Figures → *Freshman A Girls Loops
Sophomore A Women Figures → *Sophomore A Women Loops

**Skaters are participating in existing current 2010 loop events (Elementary and Open Loops). Tabulation codes for the loop events will be determined upon approval.*

COMBINED CHAMPION FOR CIRCLE LOOPS – Approved Combined Champions for the Primary, and B & C figure division event skaters, as follows:

All Primary division figure skaters, and “B” & “C” figure skaters will be given the option to participate in their age appropriate figure division and also participate in the circle loop division, or they may skate each division separately during the same qualifying championship.

Those who participate in both age appropriate division events (figures and circle loops) through the initial round of competition, will be tabulated into the combined champion score sheets. Calculation will be similar as the International Youth Solo Dance and the International Solo Free Dance division events were conducted during the 2010 skating season.

Primary division skaters ONLY may challenge-up into the Juvenile A Loop division during the same qualifying championship.

- Primary Boys Figures → Primary Boys Circle Loops
 - Primary Girls Figures → Primary Girls Circle Loops
 - Juvenile/Elementary B Boys Figures → Juvenile/Elementary B Boys Circle Loops
 - Juvenile/Elementary B Girls Figures → Juvenile/Elementary B Girls Circle Loops
 - Freshman/Sophomore B Men Figures → Freshman/Sophomore B Men Circle Loops
 - Freshman/Sophomore B Women Figures → Freshman/Sophomore B Women Circle Loops
 - Freshman/Sophomore C Men Figures → Freshman/Sophomore C Men Circle Loops
 - Freshman/Sophomore C Women Figures → Freshman/Sophomore C Women Circle Loops
- Tabulation codes for the circle loop events will be determined upon approval*

An example prepared by the Judge’s Committee Chairman shall be placed in the 2011 Figure Rule Book as explanation of what is expected from the skater in Circle Loops.

NEW ADULT OPEN LOOP DIVISION – Approved introduction of an Adult Open Loop event for Men and Women (25 and over). The Adult Loops will be scheduled during the adult portion of the championships as a Final Only event. Requirements: 14A/B, 15A/B, 30A/B.

USARS 2010-2011 COMPETITIVE FIGURE REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS APPROVED - *changes from previous season in red and/or italics*

AR11.05.07 - Championship Draw – The championship draw for all figure, team and solo dance events will be posted to the USARS website on May 1st. Junior and Senior World Class National figure draw will take place on the practice day at the National Championships. The requirements will be reversed from the Regional Championships to the National Championships.

- (a) If there are a sufficient number of participants to hold an elimination round and a final round, the USARS “elimination listings” will be skated for the elimination round and the USARS “final listings” will be skated for the final round
- (b) If there is not a sufficient number of participants to hold an elimination round and a final round, the USARS “elimination listings” will be skated for the final round.

FIGURES

	Group I		Group II	
PRIMARY	1	ROF-LOF Circle Eight	1B	LOIF-ROIF Change Eight
	2B	LIOF-RIOF Change Eight	2	RIF-LIF Circle Eight
	7A	ROF-LOF Three	7B	LOF-ROF Three
JUVENILE A	5 A/B	OIF-IOF Serpentine	5 A/B	OIF-IOF Serpentine
	7 A/B	OF-OF Three	7 A/B	OF-OF Three

	9 A/B	IF-OB Three	9 A/B	IF-OB Three
JUVENILE B	2 111 A/B	RIF-LIF Circle Eight OF-OF Serpentine Eight	1B 112 A/B	LOIF-ROIF Change Eight IF-IF Serpentine Eight
ELEMENTARY A	3 A/B 9 A/B 10 A/B	OB-OB Circle Eight IF-OB Three OF-OF Double Three	3 A/B 8 A/B 11 A/B	OB-OB Circle Eight OF-IB Three IF-IF Double Three
ELEMENTARY B	5 A/B 7 A/B 9 A/B	OIF-IOF Serpentine OF-OF Three IF-OB Three	3 A/B 7 A/B 11 A/B	OB-OB Circle Eight OF-OF Three IF-IF Double Three
ELEMENTARY C	1B 112A/B	LOIF-ROIF Change Eight IF-IF Serpentine Eight	2B 111A/B	LIOF-RIOF Change Eight OF-OF Serpentine Eight
FRESHMAN A GIRLS	12 A/B 19 A/B 26 A/B	OB-OB Double Three IF-OB Bracket OIF-OIB Serpentine Three	4 10 A/B 22 A/B	RIB-LIB Circle Eight OF-OF Double Three OF-OB Counter
SOPHOMORE A WOMEN	12 A/B 19 A/B 23 A/B	OB-OB Double Three IF-OB Bracket IF-IB Counter	13 A/B 26 A/B 32 A/B	IB-IB Double Three OIF-OIB Serpentine Three OIF-OIB Serpentine Bracket
FRESHMAN/ SOPHOMORE A MEN	4 19A/B 26A/B	RIB-LIB Circle Eight IF-OB Bracket OIF-OIB Serpentine Three	12A/B 22A/B 32A/B	OB-OB Double Three OF-OF Counter OIF-OIB Serpentine Bracket
FRESHMAN / SOPHOMORE B	5 A/B 7 A/B 9 A/B	OIF-IOF Serpentine OF-OF Three IF-OB Three	3 A/B 8 A/B 11 A/B	OB-OB Circle Eight OF-IB Three IF-IF Double Three
FRESHMAN / SOPHOMORE C	2B 111A/B	LIOF-RIOF Change Eight OF-OF Serpentine Eight	1B 112A/B	LOIF-ROIF Change Eight IF-IF Serpentine Eight
CLASSIC A	8 A/B 12 A/B 23 A/B	OF-IB Three OB-OB Double Three IF-IB Counter	10 A/B 19 A/B 23 A/B	OF-OF Double Three IF-OB Bracket IF-IB Counter
PREMIER A Gold	3A 7B 9A	ROB-LOB Circle Eight LOF-ROF Three RIF-LOB Three	3B 7A 9B	LOB-ROB Circle Eight ROF-LOF Three LIF-ROB Three
PREMIER A Silver	1 2B 5B	ROF-LOF Circle Eight LIOF-RIOF Change Eight LOIF-RIOF Serpentine	1B 2 5A	LOIF-ROIF Change Eight RIF-LIF Circle Eight ROIF-LIOF Serpentine
NOVICE A	2 5 A/B 7 A/B	RIF-LIF Circle Eight OIF-IOF Serpentine OF-OF Three	1B 5 A/B 7 A/B	LOIF-ROIF Change Eight OIF-IOF Serpentine OF-OF Three
NOVICE B	1 2B 111A	ROF-LOF Circle Eight LIOF-RIOF Change Eight ROF-LOF Serpentine Eight	1B 2 112B	LOIF-ROIF Change Eight RIF-LIF Circle Eight LIF-RIF Serpentine Eight
ESQUIRE A	1 2B 112 A/B	ROF-LOF Circle Eight LIOF-RIOF Change Eight IF-IF Serpentine Eight	2 5 A/B 111 A/B	RIF-LIF Circle Eight OIF-IOF Serpentine OF-OF Serpentine Eight

	<i>oup I</i>		<i>oup II</i>	
MASTERS A	1B 2 111 A/B	LOIF-ROIF Change Eight RIF-LIF Circle Eight OF-OF Serpentine Eight	1 5 A/B 112 A/B	ROF-LOF Circle Eight OIF-IOF Serpentine IF-IF Serpentine Eight
VETERANS A	1B	LOIF-ROIF Change Eight	1	ROF-LOF Circle Eight

	2 111 A/B	RIF-LIF Circle Eight OF-OF Serpentine Eight	5 A/B 112 A/B	OIF-IOF Serpentine IF-IF Serpentine Eight
GOLDEN A	1B 112A/B	LOIF-ROIF Change Eight IF-IF Serpentine Eight	2B 111A/B	LIOF-RIOF Change Eight OF-OF Serpentine Eight
LOOPS <i>JUVENILE A</i> <i>ELEMENTARYA</i> <i>FRESHMAN A</i> <i>FRESH/SOPH A</i> <i>SOPHOMORE A</i> <i>ADULT OPEN A</i>	14 A/B 15 A/B 30 A/B	OF-OF Loop IF-IF Loop OIF-IOF Serpentine Loop	14 A/B 15 A/B 30 A/B	OF-OF Loop IF-IF Loop OIF-IOF Serpentine Loop
ADVANCED LOOPS Final Only 3 Repetitions	16 A/B 31 A/B 38 A/B	OB-OB Loop OIB-IOB Serpentine Loop OF-IF Paragraph Loop	17 A/B 31 A/B 38 A/B	IB-IB Loop OIB-IOB Serpentine Loop OF-IF Paragraph Loop
CIRCLE LOOPS <i>PRIMARY</i> <i>JUV/ELEM B</i> <i>FRESH/SOPH B</i> <i>FRESH/SOPH C</i>	<i>114B</i> <i>130A</i>	<i>LOF-ROF Loop Circle Eight</i> <i>ROIF-LIOF Serpentine Loop</i> <i>Circle</i>	<i>115A</i> <i>130B</i>	<i>RIF-LIF Loop Circle Eight</i> <i>LOIF-RIOF Serpentine Loop</i> <i>Circle</i>
SENIOR WC	Group 1		Group 2	
Three (3) repetitions for all loop figures, and figures using Serpentine patterns.	20A/B 37A/B 38A/B 41A/B	OF-OB Rocker OB-IB Para. Dbl Threes OF-IF Para. Loop OB-IB Para. Brackets	21A/B 36A/B 39A/B 40A/B	IF-IB Rocker OF-IF Para. Dbl. Threes OB-IB Para. Loop OF-IF Paragraph Brackets
	Group 3		Group 4	
All paragraph figures will be limited to two (2) repetitions.	22A/B 37A/B 38A/B 41A/B	OF-OB Counter OB-IB Para. Dbl Threes OF-IF Para. Loop OB-IB Para. Brackets	23A/B 36A/B 39A/B 40A/B	IF-IB Counter OF-IF Para. Dbl. Threes OB-IB Para. Loop OF-IF Paragraph Brackets
JUNIOR/JUNIOR WC	Group 1		Group 2	
Three (3) repetitions for all loop figures, and figures using Serpentine patterns. All paragraph figures will be limited to two (2) repetitions.	21A/B 32A/B 31A/B 36A/B	IF-IB Rocker OIF-OIB Ser. Bracket OIB-IOB Serp. Loop OF-IF Para. Dbl. Three	22A/B 29A/B 38A/B 33A/B	OF-OB Counter OIB-IOB Serp. Dbl. Three OF- IF Para. Loop IOF-IOB Serpentine Bracket
	Group 3			
	23A/B 28A/B 31A/B	IF-IB Counter OIF-IOF Serp. Dbl. Three OIB-IOB Serpentine Loop		

40A/B	OF-IF Paragraph Bracket
-------	-------------------------

NOTE: Citing Figure Skating (Artistic) Rule AR11.09.05 (a) and (b), Junior/Junior World Class and Senior World Class will skate a final event only. Using CIPA rules three (3) repetitions for all loop figures, and figures using Serpentine patterns. All paragraph figures will be limited to two (2) repetitions.

NOTE: The figures for the Regional and National Championships will be drawn on May 1, 2011. The figures for the National Championships for both Junior/Junior World Class and Senior World Class will be drawn on their respective National practice days. Refer to AR17.16.05.

NOTE: The Regional and National draw for this season did not follow the traditional draw where if the first figure was an “A” figure by default, the second figure would be a “B” figure. This season, if the first figure had no “A” or “B” designation, it was disregarded in the rotation of “A” and “B” figures.

USARS 2010-2011 COMPETITIVE DANCE REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS APPROVED - *changes from previous season in red and/or italics*

The draw for the domestic dances for the Regional & National Championships will be drawn on May 1, 2011. DRAW FOR DANCES – AR11.05.02 through AR11.05.07 (FIGURE RULES BOOK)

TEAM DANCE

	Group I	Group II
JUVENILE A	Progressive Tango (100) Academy Blues (88) <i>Memorial Waltz (108)</i>	City Blues (88) Balanciaga (100) Denver Shuffle (100)
ELEMENTARY A	Double Cross Waltz (138) Siesta Tango (100) Skaters March (100)	Denver Shuffle (100) Chase Waltz (108) <i>Century Blues (88)</i>
JUVENILE / ELEMENTARY B	Glide Waltz (108) Balanciaga (100)	City Blues (88) Progressive Tango (100)
FRESHMAN A	Werner Tango (96) JoAnn Foxtrot (92) California Swing (138)	<i>Milonga Tango (100)</i> Chase Waltz (108) Southland Swing (88)
SOPHOMORE A	<i>Highland Schottische (100)</i> Fascination Foxtrot (92) Casino March (100)	Border Blues (88) Imperial Waltz (120) Fourteen Step (100)
FRESHMAN / SOPHOMORE B	City Blues (88) Carey Foxtrot (92) Chase Waltz (108)	Dutch Waltz (120) Bounce Boogie (100) Siesta Tango (100)
JUNIOR	Flirtation Waltz (108) Keats Foxtrot (92) Harris Tango (100)	Fourteen Step (104) Dench Blues (88) American Waltz (168)
CLASSIC A	<i>Syncopated Swing (96)</i> Fiesta Tango (modified) (100) <i>Willow Waltz (138)</i>	<i>Casino March (100)</i> <i>Werner Tango (96)</i> <i>Highland Schottische (100)</i>
PREMIER A Gold	<i>Delicado (100)</i> JoAnn Foxtrot (92) California Swing (138)	<i>120 Waltz (120)</i> Fiesta Tango (100) Modified Border Blues (88)
PREMIER A Silver	<i>Werner Tango (96)</i>	<i>Las Vista Cha-Cha (100)</i>

	Century Blues (88) Split Polka (100)	Dore Foxtrot (92) Pilgrim Waltz (138)
NOVICE A	Pilgrim Waltz (138) Siesta Tango (100) <i>Swing Dance (96)</i>	Rhythm Blues (88) Chase Waltz (108) <i>Collegiate (92)(Side B)</i>
NOVICE B	Academy Blues (88) Denver Shuffle (100)	Swing Waltz (120) Casino Tango (100)
ESQUIRE A	<i>Casino Tango (100)</i> Carey Foxtrot (92) <i>12 Step (100)</i>	Balanciaga (100) Double Cross Waltz (138) <i>Century Blues (88)</i>
MASTERS A	<i>Tara Tango (100)</i> Carey Foxtrot (92) Bounce Boogie (100)	Balanciaga (100) Rhythm Blues (88) <i>Dutch Waltz (120)</i>
VETERANS A	City Blues (88) <i>Memorial Waltz (108)</i> Skaters March (100)	Denver Shuffle (100) Tara Tango (100) Dore Foxtrot (92)
JUNIOR WORLD CLASS COMPULSORY Junior World Class Team Dance must skate <i>four (4)</i> sequences of each dance. Opening steps may not exceed 24 beats of music.	<i>14 Step (108)</i> <i>Imperial Tango (104)</i>	OD: (Junior & Senior) Swing Combination: Swing, Jive, Boogie Woogie, Jitterbug, Rock & Roll, Blues (Vocal music may be used). 2:30 +/- 10 sec.
SENIOR WORLD CLASS COMPULSORY Senior World Class Team Dance must skate <i>two (2)</i> sequences of each dance. Opening steps may not exceed 24 beats of music.	<i>Paso Doble (112)</i> <i>Westminster Waltz (138)</i>	FREE DANCE: (Junior & Senior) Vocal music may be used. 3:30 +/- 10 sec.

SOLO DANCE

	Group I	Group II
PRIMARY	Glide Waltz (108) Balanciaga (100)	City Blues (88) Progressive Tango (100)
JUVENILE A	Academy Blues (88) Denver Shuffle (100) Skaters March (100)	Casino Tango (100) Rhythm Blues (88) Swing Waltz (120)
ELEMENTARY A	La Vista Cha-Cha (100) <i>120 Waltz (120)</i> Siesta Tango (100)	Tara Tango (100) Carey Foxtrot (92) Chase Waltz (108)
ELEMENTARY B	Glide Waltz (108) Balanciaga (100)	City Blues (88) Progressive Tango (100)
FRESHMAN A	<i>Bounce Boogie (100)</i> Siesta Tango (100) California Swing (138)	<i>Marylee Foxtrot (92)</i> <i>Marionette Waltz (138)</i> Casino March (100)
SOPHOMORE A	Viva Cha-Cha (100) Fascination Foxtrot (92) <i>California Swing (138)</i>	Delicado (100) JoAnn Foxtrot (92) Border Blues (88)
FRESHMAN / SOPHOMORE B	Skaters March (100) Dutch Waltz (120)	Rhythm Blues (88) Bounce Boogie (100)

	Siesta Tango (100)	Chase Waltz (108)
FRESHMAN / SOPHOMORE C	Glide Waltz (108) Balanciaga (100)	City Blues (88) Progressive Tango (100)
CLASSIC A	Fascination Foxtrot (92) Flirtation Waltz (108) Casino March (100)	Border Blues (88) <i>Willow Waltz (138)</i> Ten Fox (100)
JUNIOR	Keats Foxtrot (92) Willow Waltz (138) Carroll Swing (100)	Continental Waltz (168) (Men's Steps) Dench Blues (88) Paso Doble (100) (Men's Steps)
SENIOR	Silhouette Foxtrot (100) Westminster Waltz (138) Quickstep (100)	Argentine Tango (96) Viennese Waltz (138) Kilian (100)
PREMIER A Gold	Fiesta Tango (100) JoAnn Foxtrot (92) <i>California Swing (138)</i>	Marionette Waltz (138) Border Blues (88) <i>Viva Cha-Cha (100)</i>
PREMIER A Silver	<i>120 Waltz (120)</i> Century Blues (88) Split Polka (100)	Dore Foxtrot (92) Carlos Tango (96) Pilgrim Waltz (138)
NOVICE A	<i>Skaters March (100)</i> Dore Foxtrot (92) Siesta Tango (100)	Rhythm Blues (88) La Vista Cha-Cha (100) Chase Waltz (108)
NOVICE B	City Blues (88) Tara Tango (100)	<i>Memorial Waltz (108)</i> Denver Shuffle (100)
ESQUIRE A	Bounce Boogie (100) Dore' Foxtrot (92) <i>Century Blues (88)</i>	Balanciaga (100) 120 Waltz (120) Milonga Tango (100)
ESQUIRE B	<i>Memorial Waltz (108)</i> Progressive Tango (100)	City Blues (88) Balanciaga (100)
MASTERS A	Casino Tango (100) Carey Foxtrot (92) Double Cross Waltz (138)	Balanciaga (100) City Blues (88) La Vista Cha-Cha (100)
VETERANS A	Swing Waltz (120) Academy Blues (88) Denver Shuffle (100)	Balanciaga (100) Casino Tango (100) Carey Foxtrot (92)
<i>GOLDEN A</i>	City Blues (88) Tara Tango (100)	<i>Memorial Waltz (108)</i> Denver Shuffle (100)

INTERNATIONAL SOLO DANCE

INTERNATIONAL YOUTH SOLO Youth International Solo Dance Must skate two (2) times around the floor with four (4) sequences of the dance. No Free Dance. Opening steps may not exceed 24 beats of music.	Kleiner Waltz (138) (Men's Steps) <i>14 Step (108) (CIPA)</i> (Men's Steps)	For Youth Solo compulsory see Figure Skating (Artistic) rule AR.8.02.94
JUNIOR WORLD CLASS SOLO Junior World Class Solo must skate two (2) sequences of the Flirtation; four (4) sequences of the Rocker. Opening steps may not exceed 24 beats of music.	<i>Flirtation Waltz (120)</i> <i>Rocker Foxtrot (104)</i> (Women's steps for both dances) (CIPA single pattern for each dance)	For World Class Junior Solo Compulsory and Solo Free Dance see Figure Skating (Artistic) rule AR.8.02.93 & AR.11.04.08 Time of skating 2:30 +/- 10 sec. Vocal music may be used.
SENIOR WORLD CLASS SOLO Senior World Class Solo must skate two (2) sequences of each dance. Opening steps may not exceed 24 beats of music.	<i>Italian Foxtrot (96)</i> <i>Iceland Tango (100)</i> (Women's Steps for both dances)	For World Class Solo Compulsory and Solo Free Dance see Figure Skating (Artistic) rule AR.8.02.92 & AR.11.04.08 Time of skating 2:30 +/- 10 sec. Vocal music may be used.

NOTE: The Youth International Solo Dance events will be Co-ed jointly skated by males and females (final only). Skaters may participate in both domestic team dance and or domestic solo dance within the same championships. All skaters who enter the International Youth Solo Dance and the International Solo Free Dance events, will be qualified for the “combined” event of the Youth International Solo event.

CIPA FOOTWORK FOR THE 2010-2011 SEASON IS SERPENTINE PATTERN (See R11.04.12)

DERBY

No official actions were taken during this meeting.