

<b>Saturday, July 18, 2009</b>				
<b>1:00 PM</b>	<b>Computer Speed Tabulating Seminar</b>			
<b>4:00 PM</b>	<b>Speed Meet Directors School</b>			
<b>8:00 PM</b>	<b>Hall of Fame &amp; Honors Reception</b>			
<b>Sunday, July 19, 2009</b>				
7:00AM	All Skaters Registration			
7:00AM	Doors Open For Practice			
	<b>Practice for Elite Individual Events</b>			
7:20 AM	Grand Esquire Women			
7:25 AM	Grand Esquire Men			
7:30 AM	Grand Esquire Women			
7:35 AM	Grand Esquire Men			
7:40 AM	Esquire Women			
7:45 AM	Esquire Men			
7:50 AM	Esquire Women			
7:55 AM	Esquire Men			
8:00 AM	Grand Veteran Women			
8:05 AM	Grand Veteran Men			
8:10 AM	Grand Veteran Women			
8:15 AM	Grand Veteran Men			
8:20 AM	Veteran Women			
8:25 AM	Veteran Men			
8:30 AM	Veteran Women			
8:35 AM	Veteran Men			
8:40 AM	Grand Master Women			
8:45 AM	Grand Master Men			
8:50 AM	Grand Master Women			
8:55 AM	Grand Master Men			
<b>9:00 AM</b>	<b>Regional Reps Meeting</b>			
9:00 AM	Master Women			
9:05 AM	Master Men			
9:10 AM	Master Women			
9:15 AM	Master Men			
9:20 AM	Grand Classic Women			
9:25 AM	Grand Classic Men			
9:30 AM	Grand Classic Women			
9:35 AM	Grand Classic Men			
9:40 AM	Classic Women			
9:45 AM	Classic Men			
9:50 AM	Classic Women			
9:55 AM	Classic Men			
10:00 AM	World Class Women			
10:05 AM	World Class Men			
10:10 AM	World Class Women			
10:15 AM	World Class Men			
10:20 AM	Senior Women			
10:25 AM	Senior Men			
10:30 AM	Senior Women			

10:35 AM	Senior Men			
10:40 AM	Junior Women			
10:45 AM	Junior Men			
10:50 AM	Junior Women			
10:55 AM	Junior Men			
11:00 AM	Sophomore Women			
11:05 AM	Sophomore Men			
11:10 AM	Sophomore Women			
11:15 AM	Sophomore Men			
11:20 AM	Freshman Girls			
11:25 AM	Freshman Boys			
11:30 AM	Freshman Girls			
11:35 AM	Freshman Boys			
11:40 AM	Elementary Girls			
11:45 AM	Elementary Boys			
11:50 AM	Elementary Girls			
11:55 AM	Elementary Boys			
<b>12:00 PM</b>	<b>Speed Officials Meeting</b>			
12:00 PM	Juvenile Girls			
12:05 PM	Juvenile Boys			
12:10 PM	Juvenile Girls			
12:15 PM	Juvenile Boys			
12:20 PM	Primary Girls			
12:25 PM	Primary Boys			
12:30 PM	Primary Girls			
12:35 PM	Primary Boys			
12:40 PM	Tiny Tot Girls			
12:45 PM	Tiny Tot Boys			
12:50 PM	Tiny Tot Girls			
12:55 PM	Tiny Tot Boys			
<b>1:15 PM</b>	<b>Speed Coaches Meeting</b>			
1:15 PM	Clear Building			
3:00 PM	Doors Open			
	<b>ELITE MIDDLE HEATS</b>			
3:30 PM	Tiny Tot Girls	200m	Heats	2
	Tiny Tot Boys	200m	Heats	3
	Primary Girls	300m	Heats	3
	Primary Boys	300m	Heats	3
	Juvenile Girls	300m	Heats	3
	Juvenile Boys	300m	Heats	3
	Elementary Girls	500m	Heats	2
	Elementary Boys	500m	Heats	2
	Freshman Girls	500m	Heats	3
	Freshman Boys	500m	Heats	3
	Sophomore Women	1000m	Heats	3
	Sophomore Men	1000m	Heats	3
	Junior Women	1000m	Heats	3
	Junior Men	1000m	Heats	3
	Senior Women	1000m	Heats	2
	Senior Men	1500m	Heats	3
	World Class Women	100m	time trials	3
	World Class Men	100m	time trials	3

	Classic Women	1000m	Heats	2
	Classic Men	1000m	Heats	3
	Grand Classic Women	1000m	Heats	2
	Grand Classic Men	1000m	Heats	3
	Master Women	700m	Heats	2
	Master Men	1000m	Heats	3
	Grand Master Women	700m	Heats	2
	Grand Master Men	1000m	Heats	3
	Veteran Women	700m	Heats	2
	Veteran Men	700m	Heats	2
	Grand Veteran Men	700m	Heats	3
	Grand Esquire Men	700m	Heats	2
	World Class Women	1000m	Heats	2
	World Class Men	1500m	Heats	2
9:00 PM	Clear Building			
<b>Monday, July 20, 2009</b>				
7:00 AM	Doors Open			
<b>ELITE MIDDLE SEMIS</b>				
7:30 AM	Sophomore Women	1000m	Semi	2
	Sophomore Men	1000m	Semi	2
	Junior Women	1000m	Semi	2
	Junior Men	1000m	Semi	2
	Senior Men	1500m	Semi	2
	Classic Men	1000m	Semi	2
	Grand Classic Men	1000m	Semi	2
	Master Men	1000m	Semi	2
	Grand Master Men	1000m	Semi	2
	Grand Veteran Men	700m	Semi	2
	Grand Esquire Men	700m	Semi	2
	Freshman Girls	500m	Semi	2
	Freshman Boys	500m	Semi	2
	Juvenile Girls	300m	Semi	2
	Juvenile Boys	300m	Semi	2
	Primary Girls	300m	Semi	2
	Primary Boys	300m	Semi	2
	Tiny Tot Boys	200m	Semi	2
<b>ELITE SHORT HEATS</b>				
9:30 AM	Sophomore Women	500m	Heats	3
	Sophomore Men	500m	Heats	3
	Junior Women	500m	Heats	3
	Junior Men	500m	Heats	3
	Senior Women	500m	Heats	2
	Senior Men	500m	Heats	3
	Classic Women	500m	Heats	2
	Classic Men	500m	Heats	3
	Grand Classic Women	500m	Heats	2
	Grand Classic Men	500m	Heats	3
	Master Women	500m	Heats	2
	Master Men	500m	Heats	3
	Grand Master Women	500m	Heats	2

	Grand Master Men	500m	Heats	3	
	Veteran Women	500m	Heats	2	
	Veteran Men	500m	Heats	2	
	Grand Veteran Men	500m	Heats	3	
	Grand Esquire Men	500m	Heats	2	
	World Class Women	500m	Heats	2	
	World Class Men	500m	Heats	2	
	Freshman Girls	300m	Heats	3	
	Freshman Boys	300m	Heats	3	
	Elementary Girls	300m	Heats	2	
	Elementary Boys	300m	Heats	2	
	Juvenile Girls	200m	Heats	3	
	Juvenile Boys	200m	Heats	3	
	Primary Girls	200m	Heats	3	
	Primary Boys	200m	Heats	3	
	Tiny Tot Girls	100m	Heats	2	
	Tiny Tot Boys	100m	Heats	3	
	<b>ELITE SHORT SEMIS</b>				
1:00 PM	Grand Veteran Men	500m	Semi	2	
	Grand Master Men	500m	Semi	2	
	Master Men	500m	Semi	2	
	Grand Classic Men	500m	Semi	2	
	Classic Men	500m	Semi	2	
	Senior Men	500m	Semi	2	
	Junior Women	500m	Semi	2	
	Junior Men	500m	Semi	2	
	Sophomore Women	500m	Semi	2	
	Sophomore Men	500m	Semi	2	
	Freshman Girls	300m	Semi	2	
	Freshman Boys	300m	Semi	2	
	Juvenile Girls	200m	Semi	2	
	Juvenile Boys	200m	Semi	2	
	Primary Girls	200m	Semi	2	
	Primary Boys	200m	Semi	2	
	Tiny Tot Boys	100m	Semi	2	
2:30 PM	Clear Building				
4:00 AM	Doors Open				
	<b>ELITE MIDDLE FINALS</b>				
4:30 AM	Tiny Tot Girls	200m	Final	1	
	Tiny Tot Boys	200m	Final	1	
	Primary Girls	300m	Final	1	
	Primary Boys	300m	Final	1	
	Juvenile Girls	300m	Final	1	
	Juvenile Boys	300m	Final	1	
	Elementary Girls	500m	Final	1	
	Elementary Boys	500m	Final	1	
	Freshman Girls	500m	Final	1	
	Freshman Boys	500m	Final	1	
	Sophomore Women	1000m	Final	1	
	Sophomore Men	1000m	Final	1	
	Junior Women	1000m	Final	1	
	Junior Men	1000m	Final	1	

	Senior Women	1000m	Final	1
	Senior Men	1500m	Final	1
	World Class Women	1000m	Final	1
	World Class Men	1500m	Final	1
	Classic Women	1000m	Final	1
	Classic Men	1000m	Final	1
<b>5:30 PM</b>	<b>WORLD SPEED TEAM MEETING</b>			
	Grand Classic Women	1000m	Final	1
	Grand Classic Men	1000m	Final	1
	Master Women	700m	Final	1
	Master Men	1000m	Final	1
	Grand Master Women	700m	Final	1
	Grand Master Men	1000m	Final	1
	Veteran Women	700m	Final	1
	Veteran Men	700m	Final	1
	Grand Veteran Women	700m	Final	1
	Grand Veteran Men	700m	Final	1
	Esquire Women	700m	Final	1
	Esquire Men	700m	Final	1
	Grand Esquire Women	700m	Final	1
	Grand Esquire Men	700m	Final	1
<b>7:00 PM</b>	<b>OPENING CEREMONIES</b>			
	<b>ELITE SHORT FINALS</b>			
7:30 PM	Tiny Tot Girls	100m	Final	1
	Tiny Tot Boys	100m	Final	1
	Primary Girls	200m	Final	1
	Primary Boys	200m	Final	1
	Juvenile Girls	200m	Final	1
	Juvenile Boys	200m	Final	1
	Elementary Girls	300m	Final	1
	Elementary Boys	300m	Final	1
	Freshman Girls	300m	Final	1
	Freshman Boys	300m	Final	1
	Sophomore Women	500m	Final	1
	Sophomore Men	500m	Final	1
	Junior Women	500m	Final	1
	Junior Men	500m	Final	1
	Senior Women	500m	Final	1
	Senior Men	500m	Final	1
	World Class Women	500m	Final	1
	World Class Men	500m	Final	1
	Classic Women	500m	Final	1
	Classic Men	500m	Final	1
	Grand Classic Women	500m	Final	1
	Grand Classic Men	500m	Final	1
	Master Women	500m	Final	1
	Master Men	500m	Final	1
	Grand Master Women	500m	Final	1
	Grand Master Men	500m	Final	1
	Veteran Women	500m	Final	1
	Veteran Men	500m	Final	1
	Grand Veteran Women	500m	Final	1

	Grand Veteran Men	500m	Final	1
	Esquire Women	500m	Final	1
	Esquire Men	500m	Final	1
	Grand Esquire Women	500m	Final	1
	Grand Esquire Men	500m	Final	1
9:30 PM	Clear Building			
<b>Tuesday, July 21, 2009</b>				
7:00 AM	Doors Open			
<b>ELITE LONG HEATS</b>				
7:30 AM	Classic Women	1500m	Heats	2
	Classic Men	2000m	Heats	3
	Grand Classic Women	1500m	Heats	2
	Grand Classic Men	2000m	Heats	3
	Master Women	1000m	Heats	2
	Master Men	1500m	Heats	3
	Grand Master Women	1000m	Heats	2
	Grand Master Men	1500m	Heats	3
	Veteran Women	1000m	Heats	2
	Veteran Men	1000m	Heats	2
	Grand Veteran Men	1000m	Heats	3
	Grand Esquire Men	1000m	Heats	3
	World Class Women	3000m	Heats	2
	World Class Men	5000m	Heats	2
	Senior Women	2000m	Heats	2
	Senior Men	3000m	Heats	3
	Junior Women	1500m	Heats	3
	Junior Men	2000m	Heats	3
	Sophomore Women	1500m	Heats	3
	Sophomore Men	1500m	Heats	3
	Freshman Girls	1000m	Heats	3
	Freshman Boys	1000m	Heats	3
	Elementary Girls	700m	Heats	2
	Elementary Boys	700m	Heats	2
	Juvenile Girls	500m	Heats	3
	Juvenile Boys	500m	Heats	3
	Primary Girls	400m	Heats	3
	Primary Boys	400m	Heats	3
	Tiny Tot Girls	300m	Heats	2
	Tiny Tot Boys	300m	Heats	3
<b>ELITE LONG SEMIS</b>				
1:30 PM	Classic Men	2000m	Semi	2
	Grand Classic Men	2000m	Semi	2
	Master Men	1500m	Semi	2
	Grand Master Men	1500m	Semi	2
	Grand Veteran Men	1000m	Semi	2
	Senior Men	3000m	Semi	2
	Junior Women	1500m	Semi	2
	Junior Men	2000m	Semi	2
	Sophomore Women	1500m	Semi	2
	Sophomore Men	1500m	Semi	2

	Freshman Girls	1000m	Semi	2
	Freshman Boys	1000m	Semi	2
	Juvenile Girls	500m	Semi	2
	Juvenile Boys	500m	Semi	2
	Primary Girls	400m	Semi	2
	Primary Boys	400m	Semi	2
	Tiny Tot Boys	300m	Semi	2
4:30 PM	Clear Building			
5:30 PM	Doors Open			
	<b>ELITE LONG FINALS</b>			
6:00 PM	Tiny Tot Girls	300m	Final	1
	Tiny Tot Boys	300m	Final	1
	Primary Girls	400m	Final	1
	Primary Boys	400m	Final	1
	Juvenile Girls	500m	Final	1
	Juvenile Boys	500m	Final	1
	Elementary Girls	700m	Final	1
	Elementary Boys	700m	Final	1
	Freshman Girls	1000m	Final	1
	Freshman Boys	1000m	Final	1
	Sophomore Women	1500m	Final	1
	Sophomore Men	1500m	Final	1
<b>7:00 PM</b>	<b>Awards for Completed Individual Elite Events</b>			
	Junior Women	1500m	Final	1
	Junior Men	2000m	Final	1
	Senior Women	2000m	Final	1
	Senior Men	3000m	Final	1
	World Class Women	3000m	Final	1
	World Class Men	5000m	Final	1
<b>8:00 PM</b>	<b>Awards for Completed Individual Elite Events</b>			
	Classic Women	1500m	Final	1
	Classic Men	2000m	Final	1
	Grand Classic Women	1500m	Final	1
	Grand Classic Men	2000m	Final	1
	Master Women	1000m	Final	1
	Master Men	1500m	Final	1
	Grand Master Women	1000m	Final	1
	Grand Master Men	1500m	Final	1
	Veteran Women	1000m	Final	1
	Veteran Men	1000m	Final	1
	Grand Veteran Women	1000m	Final	1
	Grand Veteran Men	1000m	Final	1
	Esquire Women	1000m	Final	1
	Esquire Men	1000m	Final	1
	Grand Esquire Women	1000m	Final	1
	Grand Esquire Men	1000m	Final	1
<b>10:00 PM</b>	<b>Awards for Completed Individual Elite Events</b>			
	<b>Wednesday, July 22, 2009</b>			
5:30 AM	Doors Open			
	<b>Practice for all 2 Person Relays</b>			

6:00 AM	Sophomore 2 Woman			
6:10 AM	Sophomore 2 Man			
6:20 AM	Senior 2 Woman			
6:30 AM	Senior 2 Man			
6:40 AM	Classic 2 Woman			
6:50 AM	Classic 2 Man			
7:00 AM	Master 2 Woman			
7:10 AM	Master 2 Man			
7:20 AM	Veteran 2 Woman			
7:30 AM	Veteran 2 Man			
7:40 AM	Sophomore 2 Mix			
7:50 AM	Senior 2 Mix			
<b>8:00 AM</b>	<b>Speed Officials Seminar</b>			
8:00 AM	Classic 2 Mix			
8:10 AM	Master 2 Mix			
8:20 AM	Veteran 2 Mix			
8:30 AM	Primary 2 Girl			
8:40 AM	Primary 2 Boy			
8:50 AM	Elementary 2 Girl			
9:00 AM	Elementary 2 Boy			
9:10 AM	Primary 2 Mix			
9:20 AM	Elementary 2 Mix			
	<b>2 PERSON RELAY HEATS</b>			
10:00 AM	Sophomore 2 Woman	2000m	Heats	3
	Sophomore 2 Man	3000m	Heats	3
	Senior 2 Woman	3000m	Heats	3
	Senior 2 Man	5000m	Heats	3
	Classic 2 Woman	2000m	Heats	2
	Classic 2 Man	2000m	Heats	3
	Master 2 Woman	2000m	Heats	2
	Master 2 Man	2000m	Heats	3
	Veteran 2 Woman	2000m	Heats	2
	Veteran 2 Man	2000m	Heats	2
	Elementary 2 Girl	2000m	Heats	3
	Elementary 2 Boy	2000m	Heats	3
	Primary 2 Boy	1200m	Heats	2
	Sophomore 2 Mix	3000m	Heats	3
	Senior 2 Mix	3000m	Heats	3
	Classic 2 Mix	2000m	Heats	2
	Primary 2 Mix	1200m	Heats	2
	Master 2 Mix	2000m	Heats	3
	Veteran 2 Mix	2000m	Heats	2
	Elementary 2 Mix	2000m	Heats	3
5:00 PM	Clear Building			
6:00 PM	Doors Open			
	<b>2 PERSON RELAY SEMIS</b>			
6:30 PM	Elementary 2 Girl	2000m	Semi	2
	Elementary 2 Boy	2000m	Semi	2
	Sophomore 2 Woman	2000m	Semi	2
	Sophomore 2 Man	3000m	Semi	2
	Classic 2 Man	2000m	Semi	2
	Master 2 Man	2000m	Semi	2

	Senior 2 Man	5000m	Semi	2
	Senior 2 Woman	3000m	Semi	2
	Master 2 Mix	2000m	Semi	2
	Elementary 2 Mix	2000m	Semi	2
	Sophomore 2 Mix	3000m	Semi	2
	Senior 2 Mix	3000m	Semi	2
10:00 PM	Clear Building			
<b>Thursday, July 23, 2009</b>				
6:30 AM	Doors Open			
	<b>Practice for all 4 Person Relays</b>			
7:00 AM	Master 4 Woman			
7:10 AM	Master 4 Man			
7:20 AM	Senior 4 Woman			
7:30 AM	Senior 4 Man			
7:40 AM	Freshman 4 Girl			
7:50 AM	Freshman 4 Boy			
8:00 AM	Juvenile 4 Girl			
8:10 AM	Juvenile 4 Boy			
8:20 AM	Master 4 Mix			
8:30 AM	Senior 4 Mix			
8:40 AM	Freshman 4 Mix			
8:50 AM	Juvenile 4 Mix			
	<b>2 PERSON RELAY FINALS</b>			
9:00 AM	Classic 2 Mix	2000m	Final	1
	Master 2 Mix	2000m	Final	1
	Veteran 2 Mix	2000m	Final	1
	Primary 2 Mix	1200m	Final	1
	Elementary 2 Mix	2000m	Final	1
	Sophomore 2 Mix	3000m	Final	1
	Senior 2 Mix	3000m	Final	1
	Classic 2 Woman	2000m	Final	1
	Master 2 Woman	2000m	Final	1
	Veteran 2 Woman	2000m	Final	1
	Classic 2 Man	2000m	Final	1
	Master 2 Man	2000m	Final	1
	Veteran 2 Man	2000m	Final	1
	Primary 2 Girl	1200m	Final	1
	Primary 2 Boy	1200m	Final	1
	Elementary 2 Girl	2000m	Final	1
	Elementary 2 Boy	2000m	Final	1
	Sophomore 2 Woman	2000m	Final	1
	Sophomore 2 Man	3000m	Final	1
	Senior 2 Woman	3000m	Final	1
	Senior 2 Man	5000m	Final	1
<b>11:30 AM</b>	<b>Awards for 2 Person Relays</b>			
	<b>4 PERSON RELAY HEATS &amp; SEMIS</b>			
12:30 PM	Master 4 Man	2000m	Heats	2
	Senior 4 Woman	4000m	Heats	2
	Senior 4 Man	4000m	Heats	3
	Freshman 4 Girl	2000m	Heats	2

	Freshman 4 Boy	2000m	Heats	2
	Senior 4 Mix	4000m	Heats	3
	Juvenile 4 Boy	1200m	Heats	3
	Master 4 Mix	2000m	Heats	2
	Senior 4 Mix	4000m	Semi	2
	Freshman 4 Mix	2000m	Heats	2
	Juvenile 4 Mix	1200m	Heats	2
	Senior 4 Man	4000m	Semi	2
4:30 PM	Clear Building			
6:30 PM	Doors Open			
	<b>4 PERSON RELAY FINALS</b>			
7:00 PM	Master 4 Woman	2000m	Final	1
	Master 4 Man	2000m	Final	1
	Juvenile 4 Mix	1200m	Final	1
	Freshman 4 Mix	2000m	Final	1
	Senior 4 Mix	4000m	Final	1
	Juvenile 4 Girl	1200m	Final	1
	Juvenile 4 Boy	1200m	Final	1
	Master 4 Mix	2000m	Final	1
	Freshman 4 Girl	2000m	Final	1
	Freshman 4 Boy	2000m	Final	1
	Senior 4 Woman	4000m	Final	1
	Senior 4 Man	4000m	Final	1
<b>9:00 PM</b>	<b>Awards for 4 Person Relays</b>			
10:00 PM	Clear Building			
	<b>Friday, July 24, 2009</b>			
6:30 AM	Doors Open			
	<b>Practice for Novice Individual Events</b>			
7:00 AM	Novice Master Women			
7:05 AM	Novice Master Men			
7:10 AM	Novice Master Women			
7:15 AM	Novice Master Men			
7:20 AM	Novice Classic Women			
7:25 AM	Novice Classic Men			
7:30 AM	Novice Classic Women			
7:35 AM	Novice Classic Men			
7:40 AM	Novice Senior Women			
7:45 AM	Novice Senior Men			
7:50 AM	Novice Senior Women			
7:55 AM	Novice Senior Men			
8:00 AM	Novice Junior Women			
8:05 AM	Novice Junior Men			
8:10 AM	Novice Junior Women			
8:15 AM	Novice Junior Men			
8:20 AM	Novice Sophomore Women			
8:25 AM	Novice Sophomore Men			
8:30 AM	Novice Sophomore Women			
8:35 AM	Novice Sophomore Men			
8:40 AM	Novice Freshman Girls			
8:45 AM	Novice Freshman Boys			

8:50 AM	Novice Freshman Girls			
8:55 AM	Novice Freshman Boys			
9:00 AM	Novice Elementary Girls			
9:05 AM	Novice Elementary Boys			
9:10 AM	Novice Elementary Girls			
9:15 AM	Novice Elementary Boys			
	<b>NOVICE SHORT HEATS</b>			
10:00 AM	Novice Master Women	500m	Heats	2
	Novice Master Men	500m	Heats	3
	Novice Classic Women	500m	Heats	2
	Novice Classic Men	500m	Heats	2
	Novice Senior Women	500m	Heats	2
	Novice Senior Men	500m	Heats	3
	Novice Junior Women	500m	Heats	2
	Novice Junior Men	500m	Heats	3
	Novice Sophomore Women	500m	Heats	3
	Novice Sophomore Men	500m	Heats	3
	Novice Freshman Girls	300m	Heats	3
	Novice Freshman Boys	300m	Heats	3
	Novice Elementary Girls	300m	Heats	3
	Novice Elementary Boys	300m	Heats	3
	<b>NOVICE LONG HEATS</b>			
11:30 AM	Novice Master Women	1000m	Heats	2
	Novice Master Men	1000m	Heats	3
	Novice Classic Women	1000m	Heats	2
	Novice Classic Men	1000m	Heats	2
	Novice Senior Women	1000m	Heats	2
	Novice Senior Men	1000m	Heats	3
	Novice Junior Women	1000m	Heats	2
	Novice Junior Men	1000m	Heats	3
	Novice Sophomore Women	1000m	Heats	3
	Novice Sophomore Men	1000m	Heats	3
	Novice Freshman Girls	700m	Heats	3
	Novice Freshman Boys	700m	Heats	3
	Novice Elementary Girls	500m	Heats	3
	Novice Elementary Boys	500m	Heats	3
	<b>NOVICE SHORT SEMIS</b>			
2:00 PM	Novice Master Men	500m	Semi	2
	Novice Senior Men	500m	Semi	2
	Novice Junior Women	500m	Semi	2
	Novice Sophomore Women	500m	Semi	2
	Novice Sophomore Men	500m	Semi	2
	Novice Freshman Girls	300m	Semi	2
	Novice Freshman Boys	300m	Semi	2
	Novice Elementary Girls	300m	Semi	2
	Novice Elementary Boys	300m	Semi	2
	<b>NOVICE LONG SEMIS</b>			
3:00 PM	Novice Master Men	1000m	Semi	2
	Novice Senior Men	1000m	Semi	2
	Novice Junior Men	1000m	Semi	2
	Novice Sophomore Women	1000m	Semi	2
	Novice Sophomore Men	1000m	Semi	2

	Novice Freshman Girls	700m	Semi	2
	Novice Freshman Boys	700m	Semi	2
	Novice Elementary Girls	500m	Semi	2
	Novice Elementary Boys	500m	Semi	2
4:00 PM	Clear Building			
6:30 PM	Doors Open			
	<b>NOVICE SHORT FINALS</b>			
7:00 PM	Novice Master Men	500m	Final	1
	Novice Master Women	500m	Final	1
	Novice Classic Women	500m	Final	1
	Novice Classic Men	500m	Final	1
	Novice Senior Women	500m	Final	1
	Novice Senior Men	500m	Final	1
	Novice Junior Women	500m	Final	1
	Novice Junior Men	500m	Final	1
	Novice Sophomore Women	500m	Final	1
	Novice Sophomore Men	500m	Final	1
	Novice Freshman Girls	300m	Final	1
	Novice Freshman Boys	300m	Final	1
	Novice Elementary Girls	300m	Final	1
	Novice Elementary Boys	300m	Final	1
	<b>NOVICE LONG FINALS</b>			
8:00 PM	Novice Master Women	1000m	Final	1
	Novice Master Men	1000m	Final	1
	Novice Classic Women	1000m	Final	1
	Novice Classic Men	1000m	Final	1
	Novice Senior Women	1000m	Final	1
	Novice Senior Men	1000m	Final	1
	Novice Junior Women	1000m	Final	1
	Novice Junior Men	1000m	Final	1
	Novice Sophomore Women	1000m	Final	1
	Novice Sophomore Men	1000m	Final	1
	Novice Freshman Girls	700m	Final	1
	Novice Freshman Boys	700m	Final	1
	Novice Elementary Girls	500m	Final	1
	Novice Elementary Boys	500m	Final	1
<b>9:00 PM</b>	<b>Awards For All Novice Divisions</b>			
10:00 PM	Clear Building			
<b>Saturday, July 25, 2009</b>				
6:00 AM	Doors Open			
	<b>Practice for Quad Individual Events</b>			
6:25 AM	Veteran & Grand Veteran Men			
6:30 AM	Veteran & Grand Veteran Women			
6:35 AM	Veteran & Grand Veteran Men			
6:40 AM	Veteran & Grand Veteran Women			
6:45 AM	Master & Classic Men			
6:50 AM	Master & Classic Women			
6:55 AM	Master & Classic Men			
7:00 AM	Master & Classic Women			
7:05 AM	Junior & Senior Men			

7:10 AM	Junior & Senior Women			
7:15 AM	Junior & Senior Men			
7:20 AM	Junior & Senior Women			
7:25 AM	Elementary & Freshman Boys			
7:30 AM	Elementary & Freshman Girls			
7:35 AM	Elementary & Freshman Boys			
7:40 AM	Elementary & Freshman Girls			
7:45 AM	Primary Boys			
7:50 AM	Primary Girls			
7:55 AM	Primary Boys			
8:00 AM	Primary Girls			
	<b>QUAD MIDDLE FINALS</b>			
8:30 AM	Grand Veteran Women	500m	Final	1
	Grand Veteran Men	500m	Final	1
	Veteran Women	500m	Final	1
	Veteran Men	500m	Final	1
	Master Women	700m	Final	1
	Master Men	700m	Final	1
	Classic Women	1000m	Final	1
	Classic Men	1000m	Final	1
	Elementary Girls	500m	Final	1
	Elementary Boys	500m	Final	1
	Freshman Girls	500m	Final	1
	Freshman Boys	500m	Final	1
	Primary Girls	300m	Final	1
	Primary Boys	300m	Final	1
	Junior Women	1000m	Final	1
	Junior Men	1000m	Final	1
	Senior Women	1000m	Final	1
	Senior Men	1500m	Final	1
	<b>QUAD SHORT FINALS</b>			
9:30 AM	Grand Veteran Women	300m	Final	1
	Grand Veteran Men	300m	Final	1
	Veteran Women	300m	Final	1
	Veteran Men	300m	Final	1
	Master Women	300m	Final	1
	Master Men	300m	Final	1
	Classic Women	500m	Final	1
	Classic Men	500m	Final	1
	Elementary Girls	300m	Final	1
	Elementary Boys	300m	Final	1
	Freshman Girls	300m	Final	1
	Freshman Boys	300m	Final	1
	Primary Girls	200m	Final	1
	Primary Boys	200m	Final	1
	Junior Women	500m	Final	1
	Junior Men	500m	Final	1
	Senior Women	500m	Final	1
	Senior Men	1000m	Final	1
	<b>QUAD LONG FINALS</b>			
10:15 AM	Grand Veteran Women	700m	Final	1
	Grand Veteran Men	700m	Final	1

	Veteran Women	700m	Final	1
	Veteran Men	700m	Final	1
	Master Women	1000m	Final	1
	Master Men	1000m	Final	1
	Classic Women	1500m	Final	1
	Classic Men	2000m	Final	1
	Elementary Girls	700m	Final	1
	Elementary Boys	700m	Final	1
	Freshman Girls	1000m	Final	1
	Freshman Boys	1000m	Final	1
	Primary Girls	400m	Final	1
	Primary Boys	400m	Final	1
	Junior Women	1500m	Final	1
	Junior Men	1500m	Final	1
	Senior Women	2000m	Final	1
	Senior Men	3000m	Final	1
<b>11:30 AM</b>	<b>Awards for Quad Individual Divisions</b>			
	<b>QUAD 2 PERSON RELAY FINALS</b>			
12:00 PM	Juvenile 2 Boy	1200m	Final	1
	Juvenile 2 Girl	1200m	Final	1
	Freshman 2 Boy	2000m	Final	1
	Freshman 2 Girl	2000m	Final	1
	Senior 2 Man	5000m	Final	1
	Senior 2 Woman	3000m	Final	1
	Classic 2 Man	2000m	Final	1
	Classic 2 Women	2000m	Final	1
	Master 2 Man	2000m	Final	1
	Master 2 Lady	2000m	Final	1
	Juvenile 2 Mix	1200m	Final	1
	Freshman 2 Mix	2000m	Final	1
	Senior 2 Mix	3000m	Final	1
	Classic 2 Mix	2000m	Final	1
	Master 2 Mix	2000m	Final	1
<b>2:30 PM</b>	<b>Awards for Quad Relays</b>			
3:00 PM	Clear Building			